



Volume 62, Issue 7
July 2021

"He said to them, "Come away to a deserted place all by yourselves and rest a while." For many were coming and going, and they had no leisure even to eat."
Mark 6.31

I've spent considerable time coaching throughout the years and I've always remembered an article I read from The New York Daily News that talked about the epidemic of knee and shoulder injuries being reported by doctors among American teenagers. According to the article there was one factor to blame: the lack of rest. According to the article "The current emphasis on playing one sport all year long leaves no time for muscles and joints to recover from the micro-trauma that occurs during practice and play." That little article got me thinking about the 'micro-trauma' that occurs not only in our muscles and joints, but in our psyche, emotional well-being, creative impulses, spiritual health and general welfare.

Many of us have so many different thoughts, worries, joys, concerns, and expectations rolling around in our heads that it can become a bit overwhelming. After more than a year of global pandemic, not to mention the Derecho of last August, could it be that we have become afflicted by so many different 'micro-traumas' - none of which on their own was insurmountable - but when taken together can lead to significant stress and fatigue? I confess that I think there are more of these in my life than I care to admit or readily recognize.

This got me thinking about the Judeo-Christian understanding of Sabbath. Many of us grew up thinking about the commandment to remember the Sabbath day and keep it holy as a kind of warning to make sure we were in church! But when we think about the origin of this commandment, it is actually a gift given to us, not a mandate given to serve God. The ancient Israelites were slaves. They worked 7 days a week. They didn't get time off, they didn't have vacation and there was no "Local Brick makers" union to be their voice. Talk about micro-trauma! The call for a day of rest was a gift! It was exactly what battered bodies, minds, and souls needed to rejuvenate and heal.

I want to encourage you to take Sabbath this summer. Find the time to rest, rejuvenate and to let the 'micro-traumas' of a particularly difficult year begin to heal. If you've fallen out of the habit of regular worship/prayer/and spiritual exercises I hope you'll use the summer to re-engage in those habits that keep you centered and grounded in God's love.

Rest is something we all need, Sabbath after all is a gift, and I hope you are intentional about taking the time to refresh, reconnect and renew.

Peace - Pastor Jeff

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Worship

~ Sunday morning services - same message, different music styles ~

Sunday 8:30 am - Traditional Worship
Sunday 10:30 am - Contemporary Worship

*casual evening gathering with its own message,
music from a range of worship styles*

Wednesday 6:00 pm - Evening Worship

Resurrection worship services are held: **In-Person**, no reservations required, and through **Livestream**, links available on our website (lcrmarion.org) and on our social media sites.

You can sign up for **email alerts** from LCR about worship and other news. Scroll to the bottom of our homepage and sign up under “E-Newsletter” or email us (office@lcrmarion.org) and we’ll sign you up.

Text Notifications - Worship services and other events are subject to change with circumstances.

If you would like text notifications of schedule changes / cancellations, call the church office (319.377.4689) and give us your name & cell number ~OR~ you can sign yourself up at - <https://share.hsforms.com/181uDRkYnTRyGMmuwI3ZiDQ44ay4>

Staff Transitions

Fond Farewell to Jill Hansen and Aaron Schutte

Jill has announced that she has accepted a full time position at Mercy Medical and will be leaving LCR as of July 2nd. Throughout her time with LCR she has not only been active in the lives of our children and families; but helped us to engage our community in social concerns ministry. We wish her well in her new endeavors at Mercy Medical.

Aaron has announced that he will be enrolling full time at Luther Seminary and that his wife has accepted a teaching position in the Twin Cities. Aaron has been a faithful worship leader for us and significantly engaged in the life of LCR. We are also delighted to share that Aaron is the recipient of a Fund for Leaders in Mission Scholarship through the Evangelical Lutheran Church in America. This scholarship will cover full tuition for Aaron as he continues his seminary education.

Please take a moment to say thank you to both Jill and Aaron for all their work here at LCR.

Exciting News!

The requests for donations for a new organ have been heard! LCR members are supporting that purchase and we are so happy to tell everyone that we have had contributions totaling \$70,000! For those of you who have been considering contributing to our fund for a 3 Manual Allen Organ, there is still an opportunity to do so. The total cost including installation is \$80,250. We will be replacing an organ that is 40+ years old. It has given its best, but now it will be a part of our LCR musical history. - *Organ Committee*



Covid Gathering Policy - for worship and more!

1) The wearing of masks at LCR will be optional for those who are fully vaccinated against the Covid 19 virus. 2) Those who are not fully vaccinated should still wear masks. 3) We will still promote social distancing. 4) Reservations for worship will no longer be required. 5) Participants in our children’s programs (children and adults) will be asked to continue to wear masks.

These policies will be amended as conditions warrant. The council sincerely thanks everyone who has helped us to keep each other safe during the pandemic.

Ministry

Tech Booth Volunteers

We are in great need of volunteers for Sunday morning and Wednesday night worship services. If you would like to learn how to run the slides, soundboard, or camera, send a message to cari@lcrmarion.org. Individuals or groups of two or three are welcome for this task. As you are trained we can pair you with other volunteers as needed.

Comforting Hands Quilters

The ladies are back! We're meeting in the fellowship hall every other Monday this summer to make tied quilts for local and international charities. Sewing skills are not required to participate, as many tasks are available. We are happy to teach you! Contact Suzanne Wikert if you have any questions (319-721-9895).

Gardening Volunteers

A fruit & vegetable garden that benefits the Churches of Marion Food Pantry is looking for volunteers on Mondays at 4:15 pm or Wednesdays at 9:15 am, for one hour. The garden is located by Marion City Hall. Any age or experience is welcome. There is no need to sign up, just come! The garden is a fantastic resource that provides local people in need with fresh produce for the pantry throughout the growing season.

May & June Mission Envelopes

....will go to the Churches of Marion Food Pantry, which provides an emergency supply of food to those in need. Located behind First Presbyterian Church, in downtown Marion, the Pantry is open Tuesdays & Thursdays from 1 to 3 pm.

LCR Water Pantry

Moms, dads, little ones, and skaters from Butterfield Park are super grateful for the water bottles in Resurrection's Little Free Water pantry. If you see a good price on 8 oz (or 16) bottles, please consider buying a package to donate to the church. You can drop them off any week-day, or when you're here for worship. Thank you for serving our neighborhood families!

Marion Cares Backpacks

Here's how to adopt a Linn-Mar or Marion student in need this year:

- 1) Register online before July 5th to be notified when the student list is open - <https://forms.gle/QtCswQ4pG2uMuog89>
- 2) When student list is open, select a student to shop for.
- 3) Purchase a backpack and fill it with items from the supply list.
- 4) Be sure to write the STUDENT # on a piece of paper and put it in the front pocket of the backpack. *This step is crucial as it is the only way we will be able to match your backpack up with your student at the distribution event.*
- 5) Drop your filled backpack off at the Marion Cares office on **August 3rd or August 5th, between 8 am and 6 pm**. Our office is located at 1298 - 7th Ave (lower level of the Carnegie building). You can enter through the east side door.
- 6) Remember to pray for your student throughout the school year ahead!

Feeding Lunches to Youth

FLY is up and running! **The first week FLY served 1,582 lunches and last week 1,723 lunches were served.** We have 11 lunch-sites this year



so help is always needed. LCR is providing volunteers on Monday mornings to prepare lunches and to deliver & distribute the lunches. If you are interested in participating in this invaluable community feeding program, please sign up at the link below. Thanks to all!

<https://signup.com/go/KNANZWw>.

Shoes for Students

As of 6/23, Resurrection members and friends have donated \$1,195 to this program to buy shoes for kids in need at Marion schools. That translates to roughly 40 pairs of shoes so far! Thanks so much to those who were able to give.





LCR "Summer School"

Keep in touch with Jessi this summer through our Summer Verse Challenge. Each week we have a new verse to learn, with prizes in the gathering space every Sunday morning.

How the Weekly Verse Challenge works:

- On Sunday mornings, look for the verse of the week. It will be on the church website, our social media, and you can always find it at church! It will be in the Friday E-News, too, so you can get a sneak peek!
- During the week, learn the verse with your family
- On Sunday, check in at church, say the verse to Jessi, and pick out a great prize!

You can email Sunday School coordinator Jessi Lau with questions at any time.



Wednesday Night Live is done for the summer but families are encouraged to check out our Neighborhood Nights on the last Saturday of each month through September.

Have a wonderful summer!!

Vacation Bible School

July 13th - 16th

ages 4 to 7



Registration is now open. Check out the LCR website for online registration or grab forms from the table in the Gathering Space. Plenty of spots are still available.

Children will be required to wear masks and masks will be provided.

Come have fun with us this summer!

"Be strong in the Lord and in the strength of his power." Ephesians 6:10

Adult Faith

Wednesday Scripture Study

There is no better way to prepare for worship than to be in conversation with the scriptures. Your thoughts and insights will help enlighten Pastor Jeff's weekly sermons and prepare you to get more out of worship. We meet each Wednesday at 11:00 am. This is an in-person study at the church, so we will social distance in the fellowship hall.

Pastor Jeff's One-Minute Devotionals

Check out these brief, thought-provoking videos online. You can access them at -

<https://tinyurl.com/PrJeffDevotional>



Anti-Racism Book Study

We'll be finishing our study on the book, "How to Fight Racism: Courageous Christianity and the Journey toward Racial Justice" by Jemar Tisby, on July 11 & 14. At the end of our series, we encourage you to pass your book on to interested friends, or consider donating it to the church so it can be used for future sessions.

You might also want to check out this insightful video from our friends at Wellington Heights Community Church: <https://www.facebook.com/wellingtonheightscommunitychurch/videos/511692846520874/>

SE Iowa Synod Anti-Racism Network

The anti-racism network on Facebook is an online space to share resources, ideas, and have discussions to enhance racial justice efforts throughout the Synod. We welcome everyone who seeks to overcome racism in the communities in our synod. Join us at -

<https://www.facebook.com/groups/ARSEIA>

Transitions

Dear LCR Family,

With mixed emotions, I am resigning my positions as LCR's Director of Social Concerns and Co-Director of Children's Ministry. I am excited and joyful to begin a new chapter in my life with a full-time position at Mercy Medical Center as the Volunteer Coordinator. However, I am also sad to leave a position that has brought me happiness and friendship for the last 13 years. I will always be grateful to the families who entrusted me with their children's faith development over the years. I came to think of the WNL kids as "my" kids. I loved serving with the many members who became my friends in various Social Concerns projects. It was a difficult decision made with a great deal of input from my family and after lots of prayers. My last day in the office will be July 2nd. I leave knowing I have made lifelong friends and became a part of so many cherished lives. I hope I made LCR a welcoming and caring place. When my husband and I moved to Marion with our kids, we had no family here. LCR became our family. We made wonderful friends that helped us raise our boys into loving and kind young men. Gary and I will always be thankful for the flexibility that working for LCR gave me to be a mother, as well. God bless you all. You will always be in my prayers.

Peace, Jill Hansen

Congratulations, Pastor Kevin!



We extend our congratulations and prayers to Pastor Kevin Jones, who served at Lutheran Church of the Resurrection from 2001-2014. Pastor Kevin was elected Bishop of the Northeast Iowa Synod in June.

<https://www.neiasynod.org/2021-synod-assembly/>

Stephen Ministry

News! News! News!

Our Stephen Ministry team is excited to announce a training class for you this fall, starting in October. This is a wonderful opportunity to grow and serve your brothers and sisters.

Are you willing to answer Jesus' call to serve as Stephen Ministers? Your training begins with 50 hours of stimulating and useful training in Christian caring skills. This training will be led by trained Stephen Leaders and will include a variety of topics such as listening, Christian assertiveness, maintaining boundaries in caregiving, and grief. The training is distinctively Christian and focuses on God as the one who cures as we care.

When Stephen Ministers have completed their training, they will be commissioned and ready to begin their ministry. Working under supervision, these Stephen Ministers will be available to meet weekly with people experiencing life's struggles.

While being a Stephen Minister requires commitment of time and effort, it also brings joy and fulfillment. It may be one of the most rewarding challenges you will ever embrace. In addition, you will use the skills you learn not only in your caring ministry, but also in your everyday relationships with family, friends, neighbors, and coworkers.

Think and pray about this opportunity. Go to the LCR webpage and read more about Stephen Ministry.

Please contact Stephen Leaders Mary Hajek or Scott Immerfall with questions. You can reach them in person or through the church office.

The kiosk in church gathering space has the names of our active Stephen Ministers. As you make your decision, please talk with them about their experience in this ministry.

Peace, Mary



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Fellowship

Cedar Valley Car Cruise-In

This summer, LCR is hosting an informal group of car enthusiasts on the second Thursday of each month. On July 8, you are invited to come and admire the cars and/or bring your own classic vehicle to show off and enjoy car fellowship. Simple foods & beverages are available as well. The "Cruise-In" starts at 5:30 pm. Central parking lot is for those showing their cars; all others may park on the periphery. Invite your family and friends! *Want to help out? Contact Stephanie Meier (319-431-5919) or call the church office.*

Cribbage Group

We are excited to welcome back our cribbage players starting Friday, July 9! Cribbage meets on the second and 4th Friday from 1:15-3:15 to enjoy card-playing fellowship. Everyone is welcome, including non-members and those who have never played before. There is no fee to participate, just come and have some fun!

LCR Book Club

We'll get together Tuesday, July 20 at 6:30 pm (3rd Tuesday). Our book this month will be "*News of the World*" by Paulette Jiles. Books can be picked up in the church office. Contact sherrillamorrison@gmail.com to get on our email list; all are welcome!

First Annual LCR Car Show

Calling all LCR car enthusiasts! Whether you have a beloved 'clunker,' a sporty new ride, or a classic, drive them on down to LCR on Saturday, July 31, from 2-4 pm, for our first annual Car Show. Everyone is welcome and the purpose is to just have some fun and admire all the different rides. There will be awards handed out for: Best in Show, Best Survivor, Coolest Custom, and Cleanest Ride. Stick around afterwards for...

Neighborhood Nights

Join us the evening of Saturday, July 31 as we bring the community together with a free event including burgers & sides, a bouncy house, and a movie (TBA) on the north lawn. *All ages are welcome!*

Confirmation

I wanted to thank you all one last time for an awesome year, despite all the Covid 19 challenges. We have learned so much from one another, and will be able to build onto that in the year to come.

1. I have really enjoyed meeting with each class individually. The smaller groups have allowed me to develop a better relationship with the kids, and I think it really helped.
2. I miss having a team of parents to help me communicate and set the agenda for the year. I'll do my very best to make sure no one is overworked, but I'd love to develop a group of folks to help coordinate schedules and events. (Thanks to Amy Moenk for helping me throughout last year!) It would be great to have a Confirmation Team in place by the fall. If you are interested in helping, please send me an email or call my cell (563-320-3995) and we'll put together a fun working group.
3. We have a lot of budding musicians in our Confirmation class, so I think we need to form a band! This is more of a dream than a goal, but I think it would be fun to see what we might come up with.

Now that we are moving back to a more 'normal' schedule, Pastor Jeff and I are doing our best to provide in-person worship opportunities for everyone. I encourage all our families to rediscover our in-person worship, with no reservations needed. We have services at 8:30 & 10:30 am on Sundays and 6:00 pm on Wednesdays. *Thank you for all you are doing to help your kids develop and grow as disciples!*

Pastor Nate

If you ever need me, please don't hesitate to get in touch: nmontover@gmail.com

LCR History: Confirmation Photos

Our history team has been diligently organizing church historical photos. We are trying to obtain a copy of every LCR confirmation class photo. We are currently missing the following years: **1959, 1961, 1963-1967, 1969, 1970, 1975, 1985-1989, 1991-1999, 2012-2014** Please let us know if you have a copy of the above photos that we can borrow and scan. Thanks so much for your help!



Camp Chisomo

Our team just returned from a great programming season at Camp Chisomo! One of the great triumphs was the completion of the new Tammy Evans Education Pavilion, which will be used for bible studies, life-skills training, tutoring sessions, and more. Lives continue to be changed and childhood continues to come alive. *We are grateful for all of the support we receive from so many at LCR.*

Find out more about our children's ministry in Malawi at campchisomo.com.



Some of the Camp Chisomo team: Peter, Katie, Jessi, Adam



Prayers

Prayers
are
requested
for...



Those hospitalized in June:

Arvis Hahn, Sherrill Morrison

Those experiencing illness or surgery:

(Resurrection members) Judi Conrad, Ken Meisinger, Janice Berridge, Julie Brandt, Steve Reck, Mike Rosz, Paul Bendixen, Marilyn Carstens, Eugene Henry, Deanna Harding, Bernadean Spilde, Linda Christiansen

(family and friends) niece Meagan, Teresa McLaughlin, Joan Spilde, Elmer Stein, John Kindvall, Steve Durspek

Those living in care facilities:

Lorraine Mohr (Stoney Point); Lee Schoon, Vera Olson, Martin Winch (The Views); Larry Wogahn (Bickford Cottage); Barb Schierholz (Willow Gardens)

Those in military service:

Jacob Gull, Taylor Johnson, Paul & Chrystal McDonough, Aaron Moose, Steven Anderson, Jake Anderson, Will Fritz, Todd Kopperud, Michael Berridge, David Berridge

Those who celebrate:

- Ed & Barb Ohl on the birth of a great-grandson, Luke Allen Zitelman, Parents are Nick & Chelsey of Strawberry Point.
- our Resurrection youth at Camp EWALU this summer, including LCR counselors: Nora Read, Hal Versteegh, Delaney Akiens

Those who mourn:

- Steve Reck and family on the death of his father, Don Reck of Winthrop IA, on 6/6.
- Gary Kacena and family on the death of his mother, Carole Kacena, on 6/18.
- Family and friends of Lee Nguyen, pianist and accompanist for our music ministries, on his unexpected death on 6/9.

Online & E-mail Prayer Lists

If you are willing to serve our community through prayer, go to http://lcrmarion.org/prayer_team/ and type in this password – LCRPrays

OR you may join our email list by sending your email address to: office@lcrmarion.org



Yes, there are people in our midst who are **THIS** limber!

Pastoral Care - With rules about confidentiality at our hospitals, we will not know that you or your family member is sick or in need unless you call the church office.

Please let the office know about prayer needs or when you wish to have a name removed. The names of friends and family who are dealing with illness will be listed for 2 months.

Stewardship

Treasurer's Report for May 2021

	<u>May</u>	<u>Year to Date</u>	<u>One Year Ago</u>
General Fund Receipts	\$50,811	\$314,809	\$303,861
General Fund Expenses	\$54,619	\$281,326	\$263,959

<u>Cash Balances</u>	<u>05/31/21</u>	<u>05/31/20</u>
General Fund	\$133,221	\$114,971
Clearing Accounts	\$ 81,757	\$ 60,836
Property Reserve	\$ 20,000	\$ 20,000
Building Residual	\$ 16,713	\$ 41,516

LCR's General Fund now includes money for building maintenance and annual inspections. 'Property Reserve' & 'Building Residual' are new, separate funds.

We appreciate your faithful partnership!

Church Council

The Council met on Tuesday, June 15th, 2021. Secretary's & Treasurer's reports were approved. The General Fund balance was \$133,221 at the end of May.

Organ Committee: Asked for approval to purchase a new organ for \$80,250, delivered & installed. Have \$74,000 raised. Would put a deposit of \$10,000 down, but waiting to order until the remainder of money is raised. Council approved purchase and down-payment.

Pastor Jeff: In need of an organist, choir director, and contemporary worship leader. We are focusing on being a "welcoming" church this year and have done some innovative things (Neighborhood Nights, Car Show) and been open to hosting groups. Pastor Jeff will be gone from August 7-27 for continuing education & vacation.

Pastor Nate: Great participation in 'Stand In Unity' book study. First Neighborhood Nights was successful.

General Fund Summary

Thank you for your generous gifts in support of our 2021 LCR budget. Giving is at 107% of pledges to date.

Digital Giving

* **Simply Giving** - Join 77 LCR members who give regularly through automatic drafts from their checking or savings accounts. You can elect to give weekly, monthly, or quarterly. Enrollment forms are available in the info rack by the Welcome Center.

* **PayPal** - On our website there is a DONATE button that you can click for online giving.

* **Give+ Mobile Phone App** can be downloaded from Google Play or iTunes.

Treasurer: May ran a little bit of a deficit, but overall we are pretty good for this time of the year.

Stewardship: Giving is 107% of pledges to date. Half of overage is from annual givers and half is from monthly givers.

Property: LED conversion has saved \$500 over the past 2 months compared to April-May 2019.

Governance: no report

Outreach: Volunteer t-shirts available. Hospitality center/visitor bags ready to go. New BINGO machine obtained, but low June attendance. June car show raised about \$100 despite weather.

Old/New Business: Committee will be formed to review/edit Time & Talent. Good response to new COVID protocols.

Next Meeting: Tuesday, July 20th, 2021 via Zoom
Agenda items should be submitted by 7/9/21.
Copies of Council minutes and Treasurer's reports are available in the church office binder.

**LUTHERAN CHURCH
of the RESURRECTION**
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*Lots of active fun at the May
Neighborhood Night event*



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*The Camp Chisomo
kids LOVE the
new, all-weather
Education Pavilion!*



7/31 - hamburgers, bouncy house, movie



CONTACT US!

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Children's Ministry: Jessi Lau - jessi@lcrmarion.org
Social & Ch. Ministry: Jill Hansen - jill@lcrmarion.org
Youth Ministry: Katie Kascel - katie@lcrmarion.org
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