

"And after he had dismissed the crowds, he went up the mountain by himself to pray. When evening came, he was there alone," Matthew 14.23

There are times in life when you need to take a break. This doesn't mean that we don't take our responsibilities seriously; it simply means that sometimes as human beings a little distraction, a time of prayer, a playful diversion, a few moments of silence - well these things may be just what the doctor...er..scripture ordered! In the passage above, Jesus has just feed the 5,000 and heard the news about the death of his cousin, John the baptizer, at the hands of Herod. He's soon enough going to continue his ministry; but first it's time for him to take a little break, by himself, alone.

Summer might be an ideal time for us to follow Jesus' example and carve out a bit of time to re-center, redirect, and refresh. For Jesus this was obviously a time of prayer, and that would be good for us too. But I think we can also extend this to times of recreation. After all, recreation is simply to "re-create" that is to restore and make new. And these don't have to be big outlandish endeavors. I'm not suggesting we all go out and take up mountain climbing, or running marathons - if you want to, that would be fine. No, I'm thinking more about those small little things that offer just a quick respite. You know, like Wordle, or a crossword, or a walk around the block, or a time to go and putz around in the garden - time that allows you to put away the usual pressures and to take a break, if only for a while, in order to replenish your spirit.

Don't forget that even Jesus took a little time for himself. It's good. It's holy. It's healthy. And it will only happen if you make it so. *Peace! Pastor Jeff* 

#### Prayer Garden! Let's grow.

In a recent issue of "Living Lutheran" (June 2022) Pastor Kimberly Knowle-Zeller wrote about the importance of invitation and connecting with community. At the end of the article she listed these examples of things that we might lift up in prayer. Prayer for many of us is not natural or something that is always easy to do. These prayer suggestions might acts as a bit of a "Prayer Garden" to help you grow in your prayer life. Why not use this today?

We pray for families struggling to feed themselves and for organizations ministering to those who are hungry. We pray for neighbors who are lonely, and we give thanks for friends who reach out to us.

We pray for schools, teachers, students, and staff as they celebrate the end of another year.

We give thanks for new life: babies, flowers, gardens, vegetables.

We give thanks for opportunities to invite and be invited.

We give thanks for friendship and friends who become like family.

#### **Inside this Issue**

Adult Faith	5
Children's Ministry	4
Confirmation	9
Council News	11
EDGE Youth	9
Fellowship	8
Ministry	3
Prayers	10
Stephen Ministry	8
Stewardship	11
Worship	2

Follow Us On Social Media:





Worship

## ~ Sunday morning services - same message, different music styles ~

#### Sunday 8:30 am - Traditional Worship Sunday 10:30 am - Contemporary Worship

casual evening gathering with its own message & music from a range of worship styles Wednesday 6:00 pm - Evening Worship

No reservations are required for **In-Person Worship**.

Links are available on our website and social media sites for **Livestream Worship**. You can sign up for **email alerts** from LCR about worship and other news. Scroll to the bottom of our homepage and sign up under "E-Newsletter" or email us (office@lcrmarion.org) and we'll sign you up.

**Text Notifications** - Worship services and other events are subject to change with circumstances. If you would like text notifications of schedule changes / cancellations, call the church office (319.377.4689) and give us your name & cell number ~OR~ you can sign yourself up at https://share.hsforms.com/181uDRkYnTRyGMmuwI3ZiDQ44ay4

### LCR Mask Policy

The Church Council would like to thank everyone at LCR for their love of neighbor and goodwill as we've navigated this time of Covid-19. We encourage individuals to mask as they feel appropriate; this includes everyone in children's programs.

### Ukraine Update from the Lutheran World Federation

The Lutheran World Federation (LWF) is responding to the Ukraine crisis through a four-pronged approach, combining targeted humanitarian support with global advocacy, prayer, and capacity-building of its member churches in the region. LWF has established a regional coordination hub to scale up emergency and longer-term support to refugees who have crossed borders into Poland, Slovakia, Hungary, and Romania, as well as those who have fled the fighting but remain internally displaced inside Ukraine. Unaccompanied children, women and girls, people with disabilities, and the elderly are the most affected and at-risk populations.

All LWF's work is being carried out in close coordination with member churches and their agencies in Ukraine, Poland, Slovakia, Hungary, and Romania, which are deeply rooted and trusted by the affected communities. These groups are uniquely placed to provide quality care, mobilize support, and ensure social cohesion that is sensitive to both the religious and cultural context.

Thank you for your support of LWF through LCR and your continued prayers for peace.



AID FOR UKRAINE

Resurrection members and friends have given over \$10,000 to the Lutheran World Federation. Thank you! Check and cash donations can be dropped off at the church - please write "Ukraine" on the memo line. You can Venmo to @resurrectionlutheran - add the comment "Ukraine." You can also donate online using our "Donate" button - select "Ukraine" in the dropdown.

You can stay up to date on Lutheran World Federation Activities by following their Facebook page: https://www.facebook.com/lutheranworld

# Ministry

#### FLY Volunteers - Sign Up Now For Shifts

FLY (Feeding Lunches to Youth) serves hundreds of lunches every weekday during school breaks. **During the first week of FLY this summer, 1,450 meals were served!** Volunteers are always needed to make and pack lunches and distribute those lunches at ten meal sites throughout Marion. There are 30 spots to fill <u>every day</u> to make FLY happen. Please help!

At LCR, we have traditionally helped on Mondays. If Monday works for you, sign up at:

https://signup.com/go/HsqYzdH

If you would like to volunteer on a day other than Monday, sign up at:

https://signup.com/group/692762300036

#### **Mission of Hope Luncheon Program**

A big Thank You to everyone who supported the Mission of Hope lunch served on June 2nd. 105 delicious meals were served! We are



so grateful for LCR's support of this ministry.

The Mission of Hope meal organizers are looking for new people who will help with coordinating these meals. LCR serves every other month; our next meal will be **Thursday, August 4th**. Contact the church office for further info.

### July & August Mission Envelopes

...are going to the Churches of Marion Food Pantry, an ecumenical group of 11 Marion and Cedar Rapids churches organized in 1982 to meet the emergency food needs of area families. Participating churches supply funds, food, and distribution volunteers.

The Pantry is open Tuesday and Thursday afternoons from 1:00 to 3:00 and operates from the little Mission House behind First Presbyterian Church in downtown Marion.



In gratitude for the service of our military this Independence Day, we would like to support our veterans with a household goods drive. Donations will benefit the <u>Freedom Foundation</u> in Cedar Rapids.

We will be collecting dish soap, laundry detergent, Kleenex, hand soap, paper towels, toilet paper, and disinfecting wipes.

If you would like us to shop for you, you can give a monetary donation by cash, check, <u>online</u> or Venmo. Please designate your donation "Veterans Drive"

In addition, on **Sunday, July 3rd**, we will have supplies available to make greeting cards and posters in support of veterans. We hope you will join us!

### 'Start School Right' Shoe Drive

Thank you, Resurrection givers, for donating **\$2,436** for this year's shoe drive. Your generosity will buy **81 pairs of shoes** for local kids!

### Help with Neighborhood Nights

1) Volunteer to supervise the bounce houses! Sign up at this link or contact the church office:

https://www.signupgenius.com/ go/904044ca8ad2ea7fa7-neighborhood2

2) Thrivent Grants: We would be grateful to have sponsors for our Neighborhood Nights meals! Thrivent members can apply for a \$250 Action Teams Grant, which will help us cover the cost of the meal. Contact the church office.



CHILDREN'S MINISTRY @ LCR

# **VBS & DAY CAMP** REGISTRATION OPEN NOW

VACATION BIBLE SCHOOL JULY 12-15, FROM 9:00AM TO 11:30AM

# ELEMENTARY DAY CAMP

AUGUST 8-11, FROM 9:00AM TO 2:00PM

# **REGISTER ONLINE NOW**

\*VBS is offered for those currently in Pre-school and Kindergarten. However, if your student is entering Preschool in the fall, *and they are potty trained*, they are welcome to attend. \*\* Day Camp is offered for those currently in Kindergarten through 5th grade.



Join us this summer for family activities that build a bridge between your life and what we are learning in worship!



Students have enjoyed our Super Summer Sunday activities, plenty more Sundays to join in the fun!

# **Camp Chisomo**

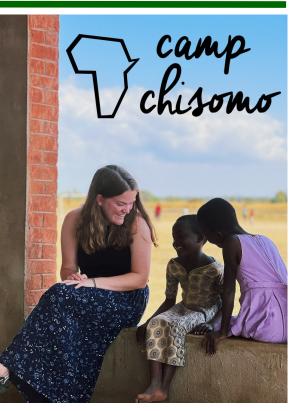


Dignity Hope

Future

Camp Chisomo Malawi, Africa

A place for kids to be kids



# Adult Faith Development



### It's a New Day: Reconciliation Dinner & Worship

Join us as we celebrate cultural diversity! "PotBless" Dinner starts at 5:00 pm; pulled pork will be provided, please bring a dish to share. Celebration Worship starts at 6:00 pm Please RSVP here https://www.signupgenius.com/go/904044ca8ad2ea7fa7-its or call or email - 319-377-4689 or <u>office@LCRMarion.org</u>

### Wednesday Scripture Study

There is no better way to prepare for worship than to be in conversation with the scriptures. Your thoughts and insights will help enlighten Pastor Jeff's weekly sermons and prepare you to get more out of worship. We meet **each Wednesday at 11:00 am** in the fellowship hall.

#### Biblical Potpourri - Sunday mornings & Wednesday evenings

Pastor Jeff is taking us on a journey through scripture, looking at one verse/theme in each of the 66 books of the Bible! This is a great way to begin to understand the Bible as a whole, and dive into some of its lesser-known parts. Regular attendance is not necessary - come whenever you can! We meet at **9:45 am on Sundays** and **7:00 pm on Wednesdays**.

#### Introduction to Lutheran Theology

Pastor Nate Montover leads an adult 'Introduction to Lutheran Theology' class at **9:30 am on Sundays** in the fellowship hall. Stop in any Sunday that is convenient for you - you'll be surprised what you learn!

### LCR Outdoors

LCR Outdoors is a small group ministry that connects folks who feel a spiritual pull to the outdoors, and the adventure that waits for us in wild places. Join our Facebook page to stay informed about our gatherings, or just to post a pic of that next big fish you catch! <u>https://www.facebook.com/LCROutdoors</u>

**Pastor Jeff's One-Minute Devotionals** - Check out these brief, thought-provoking videos online, **any time**. Access them at https://tinyurl.com/PrJeffDevotional

## PENTECOST





# **Stephen Ministry**

As I listened to Pastor Jeff's sermon at Ken Meisinger's funeral service. I was struck by the fact that Pastor Jeff pointed out a wonderful quality that Ken possessed. Ken was not afraid or shy about asking for help in his life struggles. He opened up his heart and home to receive help from many people. Because of this, his life was enriched by all the people he welcomed into it.

He lived the meaning of the body of Christ. He recognized that God intended for us not only to love and care for others but also to be loved and cared for by others.

Ken saw Stephen Ministry as another opportunity to receive help in his life. Ken had a Stephen minister for 2-1/2 years.

We trust that Ken and Bob Berridge are with God. We thank God for them, for opening their hearts to this ministry and sharing their life struggles with us. As we give thanks for their lives, we ask that you pray for our Stephen Ministry team.

We also ask you, as a congregation, to be open to this ministry. If you know someone who could benefit, contact the church office, one of the pastors, or a Stephen minister.

Peace, Mary Hajek

# Camp Chisomo



# Fellowship

### 2nd Annual LCR Car Show

...will be held Saturday, July 30 from 2 - 4 pm.



All models are welcome and awards will be given. There is no registration fee. Bring your best car, or just come to admire the great rides. Snacks and beverages will be available for purchase. RSVP and/or share our Facebook event at: <u>https://fb.me/</u> <u>e/2EPPRV0tb</u>

Our monthly Car Cruise-In will be held on Thursday, July 14, beginning at 5:30 pm

## Neighborhood Nights

Join us for FREE FOOD, FREE FUN, and a FREE MOVIE on **Saturday**, July 30th. We have bounce houses and other outdoor activities available, and a family-friendly movie starts around sunset. Please bring your lawn chairs/blankets to watch in our big backyard!

### Cribbage

We play cribbage on **2nd and 4th Fridays at 1:15 pm**. Join us even if you've never played before; we will gladly show you the ropes. Non-members are always welcome.

Train Dominoes is on hiatus for the summer.

#### Wood Carvers

Our talented wood carvers meet **each Thursday evening at 6:00** in the Red Room in the education wing. If you want to learn a really satisfying handicraft, join us some evening and we'll get you started. Experienced carvers are welcome to bring and work on their current projects.

#### LCR Book Club

We'll get together **Tuesday**, **July 19th at 6:30 pm**. Our book this month is a thriller, *"The Over-night Guest,"* by Heather Gudenkauf. When the book arrives, you can pick up a copy in the church office. Contact sherrillamorrison@gmail.com to get on our email list; new people are very welcome!

# Confirmation

### LCR Rock Brigade

During the summer we take a break from our academic program, but there is no reason for us to take time away from having a good time together. During the year I joked around with the kids about the possibility of starting a band. Much to my surprise, that's exactly what we have done!



We have been gathering after Wednesday night worship to plug in and make noise. Through no planning of my own it seems we have formed something of a ska/punk band consisting of horns, guitars, and the occasional drummer. After two jams we have ended up with some respectable versions of songs by Green Day, The Ramones, and The White Stripes.

If any of your kids would like to join us on Wednesday evenings, please feel free to come and go as your schedule works. We should also plan an activity for all our non-musicians! If you have something in mind, or would like to help organize a gathering in August, please let me know.

Peace, Pr. Nate

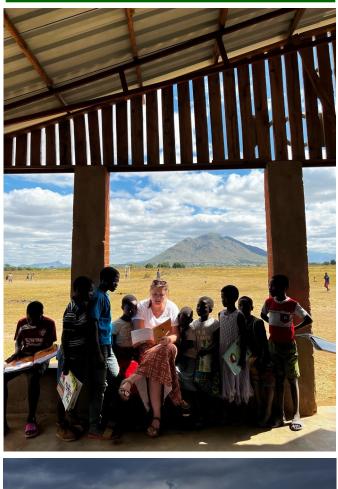
Get in touch with me at any time. call or text: 563-320-3995 email: nmontover@gmail.com lcr.confirmation@gmail.com

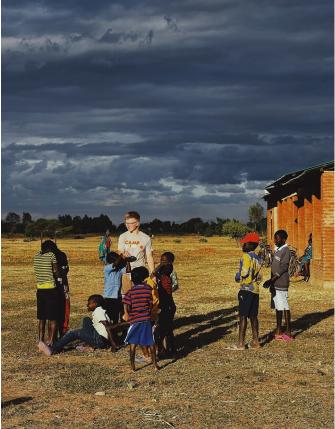
# **EDGE Youth**

Our program is open to students in 9th thru 12th grade from any school or church. We meet on Wednesday evenings <u>throughout the school year</u>. For more information, contact director Katie Kascel at: katie@lcrmarion.org

https://www.instagram.com/edgeatlcr/?hl=en https://vimeo.com/lcrprogramming

# **Camp Chisomo**





# Prayers

Prayers are requested



#### Those hospitalized in June:

Sally Reck, Barb Fick, Ed Ohl, Sherrill Morrison, Ryan Corrigan, Joan Dutton

#### Those experiencing illness or surgery:

*(LCR members)* Tom McGovern, Denise Witte, Marilyn Carstens, Kay Mase, Judi Conrad, Marlene Pasker, Julie Brandt, Gene Henry, Deanna Harding

*(family and friends)* Cheryl Hodgson, Megan Madsen, Kristine Pierce, Trula Ness, Michael Francik, Dotty Blackwell, Zach Oksendahl, Howard Hall, Mickey Scofield, Devon Breiholz, Avona Lehmann, Bob Christensen, Michael Harding

#### Those living in care facilities:

Vera Olson, Larry Wogahn (The Views); Paul Bendixen (Bickford of Marion); Barb Schierholz (Silver Oak); Bernadean Spilde (Garnett Place); Bill Thompson (Emery Place)

#### Those in military service:

Wyatt Ochs, Taylor Johnson, Paul & Chrystal McDonough, Will Fritz, Aaron Moose, Steven Anderson, Jake Anderson, Todd Kopperud, Michael Berridge, David Berridge

**Pastoral Care** - With rules about confidentiality at our hospitals, <u>we will not know</u> that you or your family member is sick or in need <u>unless you contact</u> the church office.

#### Please let the office know about prayer needs

or when you wish to have a name removed. The names of friends and family who are dealing with illness will be listed for 2 months.

#### Those who mourn:

- Family & friends of Ken Meisinger on his death 6/7
- Roger Carlson & family on the death of his brother, Bill Carlson, on 6/6
- Family & friends of Bob Berridge on his death 6/13
- Evelyn Beck, Diana Zrudsky, & Larry Jones on the death of their cousin, Becky Wilson, on 6/15
- Family & friends of Donna Henderson on her death 6/22
- Amanda Hajek on the death of her grandmother, Ruth Randall, on 6/21
- Susan Johnson & family on the death her father, Russel Ness, on 6/27
- Families traumatized by gun violence

#### Those who celebrate:

- Sue Anderson, successful back surgery
- Tammie and Kris Klaman & Kim Sanders, brother/uncle Mike Supp's stroke recovery
- Arlene Schantz, successful surgery
- Mary Hajek, brother Tom Carroll's back surgery recovery
- Larry & Marjorie Pierce, daughter Kristine's successful cancer surgery
- LCR on the addition of these new members: Doris Barker; Connie & Terry Bright; Susan Bruni; Steve Coffin; Tim Early, Diane Gass; Andrea & Marcus Hora, Elijah, Hannah; Ashley Hughes, Salem; Adam Lau; Diane & Marv Peters; Joe & Jenni Ringwald; Ken Turnquist & Linda Tellberg; Laura & Phil White

## www.campchisomo.com

# Stewardship

### Treasurer's Report for May 2022

	<u>May</u>	<u>Year to Date</u>	<u>One Year Ago</u>
<b>General Fund Receipts</b>	\$65.808	\$342,681	\$295,833
General Fund Expenses	\$55,963	\$381,106	\$316,448
<u>Cash Balances</u> General Fund Clearing Accounts Property Reserve Building Residual	05/31/2022 \$187,011 \$59,241 \$30,000 \$20,780	Building	05/31/2021 \$133,221 \$81,758 \$20,000 \$16,713

#### Dear Comforting Hands Quilters,

On behalf of our veterans at the Iowa City VA Health Care System, we extend our sincere appreciation for your gift of 14 lap robes. Your donation will be used to bring cheer and comfort to veterans during their visit. We strive to provide the best in care and treatment for our vets, and your gifts help us to add a personal, caring touch to our services. Thank you for your continuing interest in our patients. - *Cesar Emano, CDCE* 

# **Church Council**

General Fund Summary

Thank you for your generous gifts in support of our 2022 LCR budget. Giving was at 102.3% of pledges at the end of May.

### **Digital Giving**

**Simply Giving -** Join 77 LCR members who give regularly through automatic drafts from their checking or savings accounts. You can elect to give weekly, monthly, or quarterly. Enrollment forms are available in the info rack in the gathering space.

\* **PayPal** - Click DONATE button on our website for online giving.

\* **Give+ Mobile Phone App** can be downloaded from Google Play or iTunes.

\* **Venmo** - Smartphone app for sharing money @LCRMarion

The Council met on Tuesday, June 21, 2022. May Secretary's and Treasurer's reports were approved.

*Treasurer:* May was another month of bringing in more money that was spent, We also had significant special giving this spring (Ukraine, Camp Chisomo, Marion Shoe Drive).

*Pastor Jeff:* We have good momentum and a positive spirit right now. Will try to maintain that energy throughout the summer. The synod bishop will be a special guest via Zoom at the July council meeting.

*Pastor Nate:* Goal is to maintain connections throughout summer (particularly with confirmation kids).

*Outreach:* Father's Day breakfast very well attended, along with June Cruise-in. July Cruise-in and Car Show (July 30) coming up.

*Property:* New phone/system coming soon. Incorrect lights ordered - working on correcting. New windows to be installed.

*Stewardship:* May General Fund pledged giving at 102%. Cautiously optimistic about finances right now. / Governance: No meeting

*Old Business:* Council approved the Audit Team's proposal for an internal review to make sure we are in alignment with ELCA's best practices.

*New Business:* Synod Assembly Report from Bob Wolter - Significant shortage of pastors/interim pastors. Considering Synodically Authorized Leaders.

#### Next Meeting: July 19, 2022.

Agenda items should be submitted by 7/14/22. Copies of council minutes and treasurer's reports available in the church office binder. *Please reach out with questions or concerns.* 

#### LUTHERAN CHURCH of the RESURRECTION 3500 - 29TH AVENUE MARION IA 52302

(address service requested)





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NTECOST



Next Neighborhood Nights is on Saturday, July 30th, right after LCR's 2nd Annual Car Show!



**CONTACT US!** office hours: Monday - Friday, 9 am - 4 pm phone: 319-377-4689 fax: 319-377-4680 email: office@lcrmarion.org

#### www.lcrmarion.org



Pastor Jeff Frohner - jeff@lcrmarion.org Pastor Nate Montover - nate@lcrmarion.org Children's Ministry: Jessi Lau - jessi@lcrmarion.org Youth Ministry: Katie Kascel - katie@lcrmarion.org Volunteers: Marcia Edwards - marcia@lcrmarion.org Communications: Cari Redondo - cari@lcrmarion.org Office Manager: Evelyn Beck - evelyn@lcrmarion.org Secretary: Emily Carson - office@lcrmarion.org Custodians: Dave Cosgrove, Jim Snyder







